

# **LIFE AND WORK OF EMMANUEL UNITED CHURCH**

**At St. Aidan's and Rideau Park**

**APRIL 2011**



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**Website: [www.emmanuelunited.ca](http://www.emmanuelunited.ca)**

For information on any of our church activities, please call 613-733-0437 or email [office@emmanuelunited.ca](mailto:office@emmanuelunited.ca) or go to our website at [www.emmanuelunited.ca](http://www.emmanuelunited.ca)

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**May Issue Submission Deadline:**  
Monday, April 25, 2011

## **WELCOME TO EMMANUEL UNITED CHURCH**

Where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith.

*Please note that during our church revitalization our offices will be located at St. Aidan's Anglican Church at 934 Hamlet Road. The entrance for Emmanuel United Church is the RED door; please ring the doorbell and someone will let you in.*

**Church Office Hours: Monday to Friday, 9 am to 4 pm  
(closed from noon to 1 pm for lunch hour)**

Pat: Monday & Tuesday  
Louise: Wednesday to Friday  
Peter: Monday to Thursday  
Christine: Monday to Wednesday

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## CHILDREN'S MINISTRY

We have a Sunday program each week for children of all ages. If you have not already done so please fill in a Sunday School registration form. If you would like to volunteer to help please email [youth@emmanuelunited.ca](mailto:youth@emmanuelunited.ca) or speak with Christine Hywarren.

**THE JUNIOR CHOIR** will meet each Sunday from 12:10 until 12:30. All Emmanuel children are welcome to attend! For more info email [youth@emmanuelunited.ca](mailto:youth@emmanuelunited.ca)



## YOUTH MINISTRY

### **Sunday School for grade 9 and up:**

- April 3 – confirmands in the parlour
- April 10 – all high school youth in the parlour
- April 17 – all high school youth in the parlour
- April 24 – youth in worship



*More than a shelter*  
Helping the homeless since 1906

### **Emmanuel United Church Youth Mission Partners**

The Mission gives those who are homeless an opportunity for food, shelter, clothing and life changing programs.

The Mission makes a difference by offering job training, educational support, medical services, housing support and addiction treatment services.

Val Dowd and Nancy Gardiner are coordinating our mission program this year – go to our website for a registration form or email [youth@emmanuelunited.ca](mailto:youth@emmanuelunited.ca).

**JAM Rehearsals** – Please be set up and ready to rehearse at 9:30 am in Brackenridge Hall at Rideau Park on Sunday March 27, April 3, 10 and 24. April 17 rehearsal time to be confirmed. Holy Week Service April 17 at 7:30 pm.

**RENDEZ-VOUS 2011** - Aug. 11-14, 2011. Each congregation is asked to participate in Each One Send One - to send at least one youth from each congregation. It is a big, national gathering being hosted by the United Church of Canada. It's intended for youth, young adults and their leaders and promises to be an exciting time of worship, learning, growth and service.

Some of the speakers and leaders being lined up are AMAZING, and it looks like a really fabulous and unique opportunity to gather with young people on a big scale.

Start making plans and visit

<http://www.united-church.ca/getinvolved/events/rendez-vous-2011> to learn more.

Emmanuel hopes to send a group of youth and leaders – check out your calendars now!

**CONFIRMATION** continues at Emmanuel... the schedule this month includes;

- class during worship on April 3 at Rideau Park
- the 30 Hour Famine on April 8 from 6 pm to 1 am at Rideau Park
- breakfast with Peter on April 17 at 9 am followed by worship and serving communion at Rideau Park
- and a potluck dinner with council on Monday April 18 at 5:30 pm at St. Aidan's

**Be Inspired. Be Involved. Be Hungry.**

**BE 30 HOUR FAMINE**

Every day, more than 9.2 million people go to bed hungry. The youth at Emmanuel and Rideau Park want to do something about this. Participants will experience hunger first-hand while helping those who live with hunger every day. During our Famine, we will get together for an unforgettable night and take a stand against world poverty. We will be collecting donations on Sundays starting March 27<sup>th</sup>. On April 7<sup>th</sup>, we will fast for 30 hours to experience hunger first hand. The money will go to helping children and communities all around the world to combat hunger and improve nutrition. If you are interested in participating in the Famine, please contact Heather Page or Kat Lorimer.



**WHAT ARE YOU DOING THIS SUMMER?**

**Emmanuel will host Camp Awesome from July 4 - 8, 2011.**

Forms for children are available on our website or from Christine.



**THE CANOE ADVENTURE**  
**July 11-13**

The Canoe Adventure! Youth in the grade 5-8 Emmanuel Sunday School are invited to paddle, swim, sing, and have a crazy wonderful time at the annual canoe camp!

Head to the beauty of the Gatineau Hills under the capable leadership of Emmanuel leaders and have an amazing adventure in the great outdoors!

Registration forms are on the Emmanuel web page or available from Christine.

## CHRISTIAN DEVELOPMENT COMMITTEE



THE EMMANUEL BOOK CLUB will meet next on Monday, April 11 from 7:00 pm to 9:00 pm at the home of Sue Hodges.

Date	Book	Location	Discussion	Refreshments
Apr. 11	<i>Strength in What Remains</i> by Tracey Kidder	TBA	Phyllis McRae	Sue Hodges
May 9	<i>Nine Lives of Charlotte Taylor</i> by Sally Armstrong	TBA	Jean Hodgins	Heather Sanderson

### CAMP BITOBI WEEKEND 2011

A camp weekend will be held at Camp Bitobi from 7pm Friday June 24 to 4pm Sunday June 26. Camp Bitobi is located on 200 acres of beautiful wilderness near Gracefield, Que, about 1 3/4 hours north of Ottawa. The facilities include rustic log cabins, a large main dining hall and a gorgeous lake with a private beach and pedal boats.



You must bring your own bedding, but all meals (except Friday night) are provided. Everyone will be asked to take a turn to help prepare meals and do dishes.

The cost for the weekend is \$60 for a single person or \$150 for a family.

Alternatively, you can come just for the day on Saturday for \$15 for a single person or \$40 for a family.

We hope that you will join us for a fun weekend of swimming, loafing, laughing, campfire, games, worship and more!

For more information, contact Val Lines.

**QUILTING** - The group works at St. Aidan's on Tuesdays from 10:30am to 3:30pm. You don't need to come for the whole time – just drop in as suits your schedule. For further information contact Joan Foster-Jones.

There will be an opportunity for a **pilgrimage to Israel/**

**Palestine in 2012.** This will be a cooperative effort between Emmanuel and Woodroffe United with Peter and Jan Loughheed acting as Tour Hosts through the well respected Rostad Tours. The tentative dates are May 10-20 with an option for an extra week, May 21-27 as a participant at an archaeological dig close to the Sea of Galilee. The costs cannot be finalized until the summer since fuel costs and a booming tourist industry indicate prices will rise. This year the tour cost is about \$4000 so expect it to be higher. I am budgeting for \$5000 to be safe. The extra week at the dig could run about another \$1000 including room, board and transportation.

We are probably six months away from needing a \$300 down payment (fully refundable up until 90 days before departure) but we are beginning a priority waiting list. There are 14 spots available. Please contact Peter for more information or to get your name on the list which already has several names. Within a month we should have a more detailed itinerary to share with you.

## **CHURCH ACTIVITIES & GROUPS**

**MEN'S CLUB BREAKFAST** – Saturday, April 9, 8:15 am at Perkins Restaurant, corner of St. Laurent and Coventry. All men are welcome.

**TRIPLE F** will meet on April 19 at 1:30 pm in the Upper Hall at St. Aidan's.

**TELEOS** will meet on April 27 at 7:00 pm in the Library at the Oak Park. It will be hosted by Anne Squire.

### **HYMN SING AND SOCIAL**

The Hymn Sing & Social will be held at 1:30 pm on April 12 at St. Aidan's. All are welcome to join in the singing and the social hour.

**FRIENDLY BRIDGE CLUB** - Emmanuel's Friendly Bridge Club and St. Aidan's Monthly Bridge Club meet together every Wednesday from 1 to 3:30pm. For info call the church office.

**CHRISTIAN MEDITATION MONDAY NIGHT MEDITATION GROUP** continues at St. Aidan's at 7:30pm. Please use the door to the left of the main door off the parking lot and come down stairs to the choir room. Everyone is welcome. For further information contact Ron Dicks.

## **COMMUNICATIONS COMMITTEE**

**EMAILS REQUIRED** - During the renovations, the church office will keep everyone informed as to what is happening and when activities are taking place. Email is the quickest method to inform everyone. Please send an email to [support@emmanuelunited.ca](mailto:support@emmanuelunited.ca) if you have not yet verified your details on the master list. Include your name, address, phone and email. Those without emails will be contacted directly by the office.

**SERMONS** - are available on the Emmanuel United church website, navigate to "**Life & Work**", and there under "**Sermons**", you will find sermons going back several years in print, and also the latest ones in MP3 format. Not only can you read the sermon, you can listen to it on your computer or iPod.

**WANTED !  
PHOTOGRAPHS OF A GRAPHIC NATURE !!!!**

The Emmanuel United Church website has just undergone a major rebuild, something that seems to happen every couple of years. The latest incarnation is much more visually based, and as a result, WE NEED YOUR PICTURES.

The website is made livelier by the addition of photos showing activities that take place both at Emmanuel, and in the community. Family Camp, Camp Awesome, Weddings, Baptisms, Coffee and Conversation, anything at all that will spruce up the site.

And, yes, we will either make them small enough so that people cannot be recognized, or we will contact you for permission to post them.

Please submit photos to the assistant webmaster or on a CD or USB memory stick that Russ will return. To those who have sent photos, thank you.

**ATTENTION GROUPS, ACTIVITIES and COMMITTEES, PLEASE** submit items of interest for the congregation to the Chair of the Communications Committee at [assistant.webmaster@emmanuelunited.ca](mailto:assistant.webmaster@emmanuelunited.ca) for posting on the Emmanuel website. This not only provides information for the congregation, but it also keeps the website from becoming stale. I am adept at posting content but not so good at mind reading what your group is up to.

**BULLETIN/NEWSLETTER PRIVACY ISSUES:** The Bulletin and the Newsletters are BOTH posted on the Website. Prior to their being uploaded, ALL information of a personal nature, such as telephone numbers, email addresses, names associated with photographs, etc., is removed. Should you have ANY concern with what is on the Website, PLEASE contact [assistant.webmaster@emmanuelunited.ca](mailto:assistant.webmaster@emmanuelunited.ca)

**SPECIAL NEEDS:** If you have trouble reading the small print in the order of service, large print versions are available. Also, for those whose hearing is not quite what it used to be, hearing assist devices are available at Rideau Park for your use.

**CHURCH SIGN:** Even though we are currently “living” at St. Aidan’s and Rideau Park, our many church activities continue. Therefore the sign outside Emmanuel continues to display activities happening within the Emmanuel family. I need to know of events that should be advertised WELL in advance of the event. Please pass your request through both staff and Chair of Worship as they have priority.

**LIVE WEBCASTS:** Don’t forget, if you can’t make a Sunday Service, the services are being broadcast on the Internet in real time courtesy of Rideau Park. Go to “**Worship**” in the left hand column and navigate to “**Live Service Webcast**”. If you listen in, please let me know what you think of this offering, by sending an email to [assistant.webmaster@emmanuelunited.ca](mailto:assistant.webmaster@emmanuelunited.ca)

**WEBSITE:** The new Emmanuel United Church website is up and running. Hopefully you will find that things are easier to find. Please bear with us as we fine tune things. There will be a full article in the next Newsletter detailing the changes that have been made.

## COMMUNITY GROUPS



**MAKING CANCER HISTORY** - Wednesday, April 20 is Hillcrest High School's 17th Annual Cancer Drive. Between the hours of 5 and 9:30 pm Hillcrest students will be canvassing your area collecting donations for the Canadian Cancer Society. Please give generously to support cancer research. Official tax receipts available.

**Praying Congregations: The Heart of Christian Community** with keynote speaker Jane E. Vannard at St. Aidan's, May 15<sup>th</sup> at 10:30 am.

## COUNCIL AND EXECUTIVE OF COUNCIL

### **COUNCIL CHRONICLES**

The first meeting of the new Emmanuel Council took place on March 21 at St. Aidan's. The meeting included an orientation to our Mission and Vision and the Emmanuel Constitution, updates from the Revitalization Coordinating, Fundraising and Parish Nursing Hiring Committees, and reports from 10 of our 12 standing committees.

Council voted to increase the purchase of grocery cards for Loblaws and Farm Boy to \$6,000 a month due to increased demand: 5% of the purchase of these cards supports the OMRA Refugee Housing initiative.

All committees are working very hard to support the life and work of Emmanuel. It was suggested that it is time to take stock of where we are as a congregation and where we would like to be. We last looked at this in 2006, when we conducted the Joint Needs Assessment in preparation for calling Peter Lougheed to be our Ordained Minister. At that time we identified the following 7 Areas of Focus:

- Worship, Music
- Christian Development
- Youth Ministry
- Ministry for Young Families
- Outreach, Social Action
- Partnerships
- Parish Nursing Ministry, Wellness

Over the coming months we will be asking the questions:

Where are we now?

Are these still our key ministries?

How does our Council & Committee structure support those ministries?

How do we align with the United Church of Canada priorities?

Where do we want to be?

How can we get there?

### **Upcoming Meetings:**

Tuesday, April 5 - Agenda Planning at 5:30 pm at St. Aidan's  
Monday, April 11 - Congregational Meeting at 7:30 pm at St. Aidan's  
Monday, April 18 - Executive Council Meeting, potluck dinner at 5:30 pm at St. Aidan's followed by meeting at 7:00 p.m.

## **HEALTH COMMITTEE**

**Spring is Coming!** Do you feel you are in shape? Do you feel good about yourself? There are two TTBW exercise groups who do! They work out at St Aidan's every week on Mondays at 10:30 am and/or Fridays at 11:00 am for an hour. We have two excellent instructors who stretch you, work those stiff winter muscles and get you moving and more limber. You can have a good time, get a bit fitter and have a social time as well. You might want to consider this activity now that spring is upon us.

**There will be NO EXERCISE CLASSES Friday April 22 (Good Friday) and Monday April 25 (Easter Monday)**

**April is Cancer month.** Get a Daffodil pin and wear it to show support. To the Canadian Cancer Society, the daffodil is more than just a flower. It is a symbol of strength and courage, a symbol of life. It says we will fight back. It says we will beat cancer.

**Did you know?** There are many different types of cancers. Cancer is a disease that starts in our cells. Cells are the building blocks of our body tissues and organs. Cancer develops when cells in a part of the body begin to grow out of control.

The most frequently diagnosed cancers continue to be breast cancer for women and prostate cancer for men.

Lung cancer remains the leading cause of cancer deaths for both genders.

There are many known risk factors for cancer. Some risk factors are not modifiable: Age, gender and genetic predisposition.

Some modifiable risk factors include:

- **Smoking:** The use of tobacco products is the single most important cause of preventable, premature cancer deaths.
- **Diet:** At least 20 per cent of cancer deaths are linked to poor diet, including consumption of alcohol. Fruit and vegetable consumption is protective for a variety of cancers, whereas a diet high in red meats, processed meat, and saturated fat has been linked to an increased risk of several cancers.
- **Sunlight:** The number of cases of skin cancer in Canada has increased by two-thirds since 1990. Most cases of skin cancer are preventable by protecting oneself from the sun's burning or ultraviolet (UV) rays - the rays that can cause sunburn and skin cancer.

Research shows that overall 30 to 35 per cent of all cancers can be prevented by eating well, being active and staying at a healthy weight. A great computer link is: <http://ottawa.ca/residents/health/conditions/cancer> . It is a good link to some of the various cancers and down at the lower left is a further link to the Canadian Cancer Society with another wealth of information on cancer, living with cancer and fighting cancer. You can find this link on the Emmanuel website by going to [http://emmanuelunited.ca/faith\\_education/health.php](http://emmanuelunited.ca/faith_education/health.php)

## KEEPING IN TOUCH

The Keeping in Touch Committee is part of a wider keeping in touch network that spreads throughout Emmanuel United Church. Through our various activities many connections are made and we need each and every one of you to help with community building, especially during this year when we are, to quote from our Mission Statement, “gathered” in locations away from Emmanuel and in some cases have “scattered” outside our faith community.

Some of the ways you can be part of the network:

- Make new contacts at coffee and conversation
- Welcome a newcomer
- Phone someone you have not seen at church recently, or in an activity you participate in
- Invite someone new to join an activity or group that you are part of
- Let the committee know (contact: Joyce White) if there is something we can do to keep in touch with you more effectively

The next meeting of the Keeping in Touch Committee will be on Sunday, April 10 at 9:30 am at the home of Margaret Armstrong.

April 10-16 is National Volunteer Week and we celebrate the valuable contributions of all Volunteers who are part of a supportive network at Emmanuel United Church.

## PASTORAL CARE

The work of the Pastoral Care Team at Emmanuel continues as it always has. Despite our shifting locations, the same people are offering the same support and care to the congregation.

Please let us know if there are any concerns that we may not be aware of. If you know someone who is ill or in need of a visit/support please call the church office.

**The Ottawa Pastoral Care Training Program** – “I Don’t Belong...” Reflections on Alienation in Pastoral Care with speaker Dr. Elspeth MacEwan. Tuesday, May 3, 2011 at St. Paul’s Presbyterian Church 1:30 – 3:30pm or 7:00 – 9:00 pm. Cost \$10.00, registration not required.



### **TUESDAY AFTERNOON COFFEE AND CONVERSATION**

In an effort to be more flexible in how we offer pastoral care during our transition period, Peter is going to be available for coffee and conversation on Tuesday afternoons from 2-3 pm at Starbucks at the Elmvale Mall. Getting downstairs at St. Aidan's is not easy for everyone and maybe meeting outside the church walls is a good thing. Feel free to book a time there through the church office or just drop by for a few minutes on your way to the grocery store.

## **OTTAWA PRESBYTERY EVENTS**

**Outreach Ministry for Today's World: Mentoring & Social Justice as a New Model of Care in our Ministry Communities.** Wednesday evenings, starting **March 23rd**, 7-9pm, for 8 weeks - at Kitchissippi United Church. This new course, created by the Carlington Community Chaplaincy staff, on pastoral care and outreach ministry, offers an opportunity to learn more about the Chaplaincy and about other outreach ministries in the city and also consider a new model of Pastoral Care as Mentoring and Social Justice in community ministries. To register please call Darlene 613-728-9933.

**Tuesday, March 29 - Racial Justice Training:** 9:30 - 4:00 p.m. St. James United Church, Osgoode. Register: 613-224-5318 ext. 10, [office@uccanottawa.org](mailto:office@uccanottawa.org)

On-line opportunities:

Session One: Thursday Feb 24 & Friday Feb 25 1:00 pm

Session Two: Thursday March 3 & Friday March 4 1:00 pm

Session Three: Thursday & Friday March 10 & 11 1:00 pm

Saturday Morning Session: Sat. Feb 26 & March 5 11:00 am

For more information, and online signup form, visit: <http://www.united-in-learning.com/racialjustice>

**Saturday, April 2 - Ministry & Personnel Committee Workshop.** 8:45 a.m. - noon. United Church Regional Centre City View United 6 Epworth, Nepean. "Setting the Table for Healthy Conversation" - an overview of the role and responsibilities of the M&P committee and resources for creating healthy conversation. Leadership: Rev. Whit Strong, M&O Conference Personnel & Congregational Support Minister, and Rev. Lillian Roberts, Ottawa Presbytery Minister.

**The Moderator's Visit** - Moderator Mardi Tindal is travelling across Canada to engage people in town hall meetings about their responses to the issues of climate and ocean change. She's travelling by train as both a practical and a symbolic way of emphasizing the need to reduce our carbon footprint.

**April 3** - Sunday Worship at Dominion-Chalmers United Church - 2 p.m.

**April 4** - Town Hall Evening meeting at Riverside United Church at 7:00 pm, Rev. Peter Lougheed worship leader.

## **PROPERTY AND GROUNDS**

### **CONSTRUCTION UPDATE**

The month of March has seen a great deal of progress in our construction project. It has also seen some problems crop up.

First the positive, work on the inside has started to provide insight into what the CE building will actually look like when it is completed. All of the interior walls are now erected, drywall is up and finishing has started. Windows go in the last week of March and early April. The roof is completed. Much of the mechanical/electrical equipment is on site ready for installation. Our new elevator has arrived and is waiting for the completion of the shaft early in April. The exterior cladding will be applied in April. By the end of the month it should look a lot different.

We were also presented with another one of our “surprises”. The ceiling of the CE Hall was to be redone with the process taking no more than a week or so. Unfortunately as the sub trade began the work they encountered an issue that has forced the contractor to reorganize that piece of work. The ceiling of the CE hall is made up of concrete with embedded rebar. Over the past fifty years much of the rebar has become exposed due to roof leaks and the concrete has become honeycombed. All of the rebar has to be exposed by having the honeycombed concrete chipped away, then the rebar will be cleaned of all rust. A coat of epoxy will be applied to the cleaned rebar and then a coat of concrete will be applied to seal the ceiling. The problem encountered is that all of the rebar is in two pieces, not one long piece as expected, and the pieces all meet in the middle of each folded plate section. As they expose the rebar, the engineers fear that the entire ceiling could collapse. The only way to safely complete the work is to shore up the ceiling while the work is being done. Unfortunately this means also shoring up the first floor by putting supports in the basement. Once their cleaning is complete, the rebar pieces will be welded prior to the epoxy application. We have now started that process. What was expected to take a week or so will take 7 to 8 weeks. During that time no other work can be done in the CE Hall or the multi purpose room directly below.

Work in the rest of the building can and will continue as scheduled.

The net effect of the needed work on the ceiling is to delay the completion date significantly. While the rest of the building is being completed the CE Hall and multi purpose room will be delayed so that finishing of these rooms will be at least a month after the rest is done.

Our structural engineer has told us that he is 99% sure that we have now exposed all of our “surprises”. Let’s truly hope that such is the case.

While it is discouraging to have delays, from the very beginning of this project, they have all been due to either needed code upgrades or deficiencies in the CE building or Sanctuary building that absolutely needed to be corrected. Be assured that when this project is complete we will have an extremely safe, well built structure that will endure for a very long time.

As always, if you have construction questions, please do not hesitate to talk to any member of Property and Grounds.

## **REVITALIZATION FUNDRAISING**

### **QUILT TO BUILD**

The Emmanuel quilting group is seeking commissions for handmade quilts in order to support the Revitalization Fund. Each piece will be handcrafted to suit your needs and wishes. The cost will depend on the size and the complexity of the finished quilt but here is a rough idea of what to expect – Queen-sized bed \$750, Double-sized bed \$600, Single-sized bed \$400, Lap quilt \$200, Baby quilt or banner \$100. Once a design has been agreed upon, you will pay for the fabric required. This amount will usually be about a third of the total cost but will vary if we have something suitable in our “stash” or if you already possess some or all of the fabric. The remaining two thirds, which represents the value of our time and skill for piecing the top and for hand-quilting and binding, will be contributed to the Revitalization Fund. For further information contact Joan Foster-Jones.

## **RECRUITMENT COMMITTEE**

**WHO DOES WHAT AT EMMANUEL?** A new **Committee Directory** has been produced and is available from the church office. While not exhaustive, it lists the names of all Trustees, Presbytery Representatives and Council Members, all Standing and Ad Hoc committees, committee members and their positions or responsibilities, the names of those not on committees who perform tasks for committees, current committee vacancies, etc. **To request your electronic PDF copy, simply send an email to the church office.** Print copies are also available from the office.

## **SALVADORAN LIAISON COMMITTEE**

### **SALVADORAN MISSION FUND**

The Salvadoran Mission Fund supports Emmanuel's partnership with Igelsia Bautista Emmanuel. Together, the two churches *take an active part in shared partnership projects that will aid in the spiritual and educational development of children and young people and in the development of healthy and sustainable families and communities.*

When considering how your donations can make a difference in pursuit of justice and the resistance of evil, the Salvadoran Mission Fund is Emmanuel's segregated fund for this purpose. Please give generously and pray for our partners.

### **UPDATES ON THE SITUATION IN EL SALVADOR**

U.S. President Obama will have visited El Salvador March 22 and 23, 2011, in pursuit of immigration reform. For current news on the political, economic and social situation in El Salvador, follow the link below to the Centre for Democracy in the Americas:

<http://www.democracyinamericas.org/category/el-salvador-news/>

### **MEMBERS OF SALVADORAN LIAISON COMMITTEE FOR 2011**

Should you have any questions about our partnership in El Salvador or our relationship with the Hispanic Christian Community in Ottawa, please contact any of the following members of the Committee: Iain Page, Lynn Gullins, Nadina Lopez, Phyllis MacRae, Reyna Castro, or Norman Williams.

**NEXT MEETING:** April 5, 2011 at the home of Norman Williams

## **SOCIAL ACTION COMMITTEE**

### **HERON EMERGENCY FOOD CUPBOARD**

The HEFC can use donations of fresh produce from backyard gardens over the summer. Now is the time to get tomato seedlings started!

### **OTTAWA MENNONITE REFUGEE ASSOCIATION**

OMRA has only \$54 000 still owing on the mortgages of its three properties. Most of the funds to pay down the mortgages have been raised through the sale of grocery cards. You can buy Loblaws or Farm Boy cards on the first Sunday of any month during Coffee and Conversation.

## **KAIROS**

From January through June 2011, Kairos invites churches to join in a cross-Canada action urging our government to implement the UN Declaration on the Rights of Indigenous Peoples. For more information, go to [www.kairoscanada.org](http://www.kairoscanada.org).

## **FOOD BANK SUNDAY**

Food Bank Sundays continue on the third Sunday of the month during our stay at Rideau Park. Next one is April 17.

## **WORSHIP COMMITTEE**

It is said, “in the heart’s springtime, the inner self awakens, and like the bird’s chirping as they return from the south, the heart begins to sing again.” We invite you to join us and lend your song to our Sunday Worship.

Our Emmanuel Sunday Service is held at Rideau Park Church at 11:15am, 2203 Alta Vista Drive. Should you require to speak to our minister Peter, Christine or someone in the Emmanuel office, please call 613-733-0437 as the office continues to be located at St. Aidan’s Church until we move back into Emmanuel.

## **UPCOMING SERVICES**

April 3	11:15am at Rideau Park, Lent 4
April 10	11:15am at Rideau Park, Lent 5
April 17	11:15am at Rideau Park, Palm Sunday, Communion by intinction
April 17	7:30pm at Rideau Park, Holy Week Service
April 22	Walk of the Cross, Start at Heron Gate Shopping Centre (9:30 to 9:45 to be confirmed) Map on last page of this packet 11:00 am Good Friday Service at Ottawa Mennonite Church, Communion by intinction
April 24	Rideau Park Sunrise Service 8 am, Breakfast 11:15 am Easter Sunday Service at Rideau Park,

**VOLUNTEERS REQUIRED:** Throughout the year the Worship Committee attempts to enhance our worship experience by decorating the sanctuary at such times as Easter, Christmas, Thanksgiving, Anniversary and other special occasions. In the spirit of “many hands make light work”, we are setting up a roster of folk who might be willing to help with this task. Please contact Carol Lynch if you are interested.

## **GOOD FRIDAY WALK OF THE CROSS AND ECUMENICAL SERVICE ON APRIL 22**

This year the walk of the cross will be following a different route which seems fitting for this year in the Emmanuel journey.

The walk will begin at Herongate Mall, just outside the doors closest to the Jefferson Street entrance. We will leave to cross at the lights and walk down Jefferson. There will be stops for times of reflection - at the beginning of the walking path at Featherston Drive Public school, the playground, the parking lot by Dalton McGuinty's office and finally ending up at the Ottawa Mennonite Church which will host the worship service.

The Good Friday ecumenical worship service will follow at 11 am with a combined choir from Bethany, Hawthorne and Emmanuel United, Pleasant Park Baptist and the Ottawa Mennonite Church.

The start time for the walk will be in the bulletin and on the website as soon as it is finalized. (probably 9:30 or 9:45 am) Stay tuned!

**PRAYER CIRCLE** - We continue to offer the opportunity for prayer after the 11:15 am worship service, **at the back of the church**. Please do not hesitate to ask for prayer as many times as you feel you need to. We are here to pray with you. Your prayers for this ministry are also appreciated.

**COFFEE and CONVERSATION** - Volunteers are needed to make and serve coffee and juice following worship. Please call Marge MacLeod if you are able to help.

**FLOWERS** - If people would like to contribute to the 11:15 am service at Rideau Park please call the church office 613-733-0437 or Patty Kavcic if you have a special request.



If you would like to donate an African violet to fill the cross on Easter Sunday, please call Patty Kavcic. You may take it with you following the service or give it to a shut-in.

# Route Map for the Walk of the Cross

