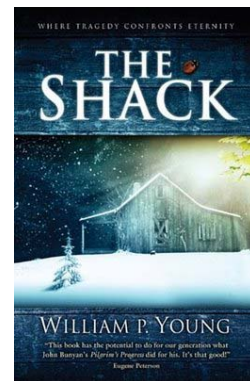


2010 Teleos Annual Report

Teleos is a women's study group which encourages the discovery and nourishment of our potential and the strengthening of our faith. Regular meetings are held from seven to nine-thirty p.m. on the last Wednesday of each month from September to May. This year our early meetings were held in the church lounge but when the lounge became unavailable, due to church renovations, our meetings were held in the homes of various Teleos members. Programs are planned and presented by a team of people from within the group.

During the winter and spring we had programs on a variety of topics including: brief outlines of the importance to society of various famous women; the book "The Shack" by Wm. Paul Young; and things that are important to us in our relationship with the earth. We also had our annual potluck dinner/planning session.



For the second time, we held a retreat at the Galilee Centre in Arnprior. This retreat was held on April 30-May 1 and was called "Light in the Shadows". There we focused on various aspects of change in our lives. One of the highlights of the retreat was a labyrinth workshop lead by Beverly Chen.

In the fall we discussed Margaret Atwood's book "*Pay Back*". Next we chose something we had read and shared it with the group. Finally we shared Christmas memories, traditions and stories.

Newcomers are always welcome.

Colleen Calvert
Teleos Co-ordinator